

Schedule of Activities and Credit Hours - Paramedicine

Requirement: 25 CEC/year

This is not an exhaustive list. If you do not see an activity you wish to use for your continued competency portfolio, as it relates to your self-assessment learning goals, ensure you have appropriate verification.

Continuing Education Activities	Credit/ hr of activity Maximum credit/yr		Examples of Activities	Verification
Employer-Delivered In-Service Education	1 CEC/Day	Max 5/yr	<ul style="list-style-type: none"> On-the-job training (initial and following return from extended leave) 	<ul style="list-style-type: none"> Completed training Checklist, Date of completion Signature of Trainer Reflection statement connecting your learning to your self-reflective learning goals
	1 CEC/hr		<ul style="list-style-type: none"> In-Services, workshops, seminars, tutorials Webinars / e-learning Mandatory certificate courses/programs Morbidity and Mortality (M&M) rounds, Journal clubs 	<ul style="list-style-type: none"> Confirmation of attendance Reflection statement connecting your learning to your self-reflective learning goals
Self-Study/ Professional Reading	1 CEC/hr	Max 10/yr	<ul style="list-style-type: none"> Videos, multimedia, podcasts, web research Self-directed reading of journal articles, manuals related to the profession Watching informative videos Self-directed power point or other multimedia Web/Library based research/Literature Reviews Reading manuals related to the profession / Technology 	<ul style="list-style-type: none"> Date completed Reference citation Reflection statement connecting your learning to your self-reflective learning goals

Conferences/ Workshops / Seminars	1 CEC/hr	Max 10/yr	<ul style="list-style-type: none"> • Conferences and Symposiums • Workshops, seminars, tutorials, webinars • Morbidity and Mortality (M&M) rounds, journal clubs, case-based learning • Certificate courses/programs • Objectively Structured Competency Evaluations (OSCE) 	<ul style="list-style-type: none"> • Proof of attendance • Reflection statement connecting your learning to your self-reflective learning goals
Instructor / Educator Training (clinical educator/instructor training)	2 CEC / day of training	Max 6/yr	<ul style="list-style-type: none"> • Super user training on new medical equipment, procedures, or software • Instructor / Educator / “Train the Trainer” Training on new techniques / clinical applications <p>Note: this section is only applicable if you are training to become an advanced user who will then have to train others. Otherwise, this learning would fall under “In-service education: On-the-job training”.</p>	<ul style="list-style-type: none"> • Completed training Checklist, • Date of completion • Signature of Trainer • Reflection statement connecting your learning to your self-reflective learning goals
Continuing Education Activities	Credit/ hr of activity Maximum credit/yr	Examples of Activities		Verification
Academic/ Research Related	2 CEC / activity	Max 10/yr	<p>Scholarly Presentations including:</p> <ul style="list-style-type: none"> • Technical papers, written articles research articles, abstracts, posters, exhibits, panel discussions, or essays presented at a conference/ symposium. <p>Preparation and presentation of learning opportunities, including:</p> <ul style="list-style-type: none"> • Lectures/presentations • Workshops, webinars, seminars • Journal clubs, mortality & morbidity rounds, case-based learning • Objectively Structured Competency Evaluations (OSCE) 	<ul style="list-style-type: none"> • Copy of document or presentation • Date and time of delivery • Reflection statement connecting your learning to your self-reflective learning goals
	4 CEC / article		<p>Professional Writing</p> <ul style="list-style-type: none"> • Preparation of scholarly articles for publication or circulation within the profession. (3 typed pages, double spaced 11pt Arial). 	<ul style="list-style-type: none"> • Copy of article • Date of submission and publication or circulation

Higher Education/ Technical	CEC for hours listed, CE hours or PEP hours attained during the course	10/yr	<p>Any formal post-secondary training relating to paramedicine practice:</p> <ul style="list-style-type: none"> • University / College courses • Refresher courses and programs • Medial Lab courses • Computer, business, Leadership, Management Courses <p>Note: For courses not directly related to your profession, contact registrar for approval.</p>	<ul style="list-style-type: none"> • Proof of enrollment, Syllabus, start date, and % completed, or completion date and proof of completion
Health and Wellness	1 CEC/hr	Max 5/yr	<ul style="list-style-type: none"> • Mindfulness based stress reduction • Mental Health Training • Resilience training 	<ul style="list-style-type: none"> • Proof of completion • Reflection statement connecting your learning to your self-reflective learning goals
Professional Preceptorships/ Internships/ Mentorships	1 CEC / day of training	Max 5/yr	<ul style="list-style-type: none"> • Student and employee preceptorship/ internships/ mentorships • New staff training/orientation 	<ul style="list-style-type: none"> • Verification of participation by supervisor or manager. • Reflection statement connecting your learning to your self-reflective learning goals
Continuing Education Activities	Credit/ hr of activity Maximum credit/yr	Examples of Activities		Verification
Board/ Council/ Committee Involvement	1 CEC / Meeting	Max 5/yr	<ul style="list-style-type: none"> • CPPEI Council Member • CPPEI Committee Member 	<ul style="list-style-type: none"> • Confirmation of Attendance
	1 CEC / Meeting		<p>Paramedicine-Related Boards and Committees, including:</p> <ul style="list-style-type: none"> • Paramedic Association of PEI • Paramedic Association of Canada • Canadian Organization of Paramedic Regulators 	<ul style="list-style-type: none"> • Confirmation of enrollment (letter, attendance, etc.)

	1 CEC / Meeting		Employer-based Committees and working groups <ul style="list-style-type: none"> • OHS, Patient/Family Advisory, Patient Safety, Clinical Practice Guidelines, Equipment Evaluation/Standards, etc. • University / Academic Committees • Community Committee member 	<ul style="list-style-type: none"> • Confirmation of enrollment (letter, attendance, etc.)
	Provided upon approval		Other committees as deemed professionally relevant by the auditors	<ul style="list-style-type: none"> • Confirmation of enrollment (letter, attendance, etc.) • Reflection statement connecting your learning to your self-reflective learning goals